

Gaston*Alive!*

Home • Garden • Style • Fun • Food • Happenings

Creative Travel's Best Winter Getaways

p12



The Glenn's Best Southern Mac & Cheese
p14

A New Melody For Tony Rogers
p20

Sake Express
Voted #1 Japanese
Restaurant In Gaston
County for 2011!

Find us on:
facebook.

Like us on
Facebook

Sake *Express*

Japanese Steakhouse & Seafood



**Try Our Cabbage
Chicken Plate!**

STORE HOURS:

Gastonia and Belmont

Mon.-Sat. 11:00 a.m.-10:00 p.m.

Sunday 11:00 a.m.-9:00 p.m.

Mt. Holly

Mon.-Thurs. 11:00 a.m.-9:00 p.m.

Friday 11:00 a.m.-10:00 p.m.

Saturday 12:00 p.m.-10:00 p.m.

Sunday 12:00 p.m.-9:00 p.m.



Check Out The New
Sake Ad On Youtube!

Visit our new website!

www.thesakeexpress.com

Now Serving Onion Soup!



Try Our New
Onion Soup!
ONLY 99¢



Gastonia
116 N. New Hope Road
Gastonia, NC 28054
704-864-4466



Belmont
675 Park Street
Belmont, NC 28012
704-461-0400



Mount Holly
349 W. Charlotte Ave.
Mount Holly, NC 28120
704-827-4819

**\$5.00
OFF**
any order of
\$25.00 or more

One coupon per customer
please. Cannot be combined
with any other offer.

Expires 2.15.12

Buy One • Get One
1/2 OFF*
Any Entree
of equal or lesser value.

One coupon per customer
please. Cannot be combined
with any other offer.

Expires 2.15.12

*Does not include combinations.

FREE
Onion Soup
with Purchase of
\$4.00 or more

Belmont And Gastonia Locations Only

One coupon per customer please. Cannot
be combined with any other offer.

Expires 2.15.12

Buy One • Get One
1/2 OFF*
Any Entree
of equal or lesser value.

One coupon per customer
please. Cannot be combined
with any other offer.

Expires 2.15.12

*Does not include combinations.

Get The Attention You Deserve!



**New Clients
Receive
20% OFF Any
Service!**



William Henry Signature Salon, Mt. Holly

104 North Main Street • Mt. Holly

704-827-1234

William Henry Signature Salon & Spa, Belmont

15 South Main Street • Belmont, NC 28012

704-825-9040

www.williamhenrysalon.com

IT'S TIME FOR CARPET CLEANING!

SPOTLESS RESIDENTIAL CLEANING SERVICE

Our Emphasis Is On Quality!



Natalie's staff has cleaned my house for at least 5 years, and they clean my parents' home as well. They are thorough, careful, and reliable. I'm very pleased with her service and would certainly recommend them to others.

—Nancy P.



- Licensed, Insured, Bonded
- Each Team Is Uniformed, Background Checked, And Supervised
- Residential, Commercial, New Construction
- Weekly, Biweekly, Monthly, One Time
- Also Offer Window And Carpet Cleaning
- In Business Since 2002

704-460-2900 • 704-864-0002

www.spotlessresidentialcleaning.com



All major credit cards accepted.

\$20 OFF

ANY CARPET CLEANING OVER \$100

With this coupon, One coupon per customer. New customers only. Includes house, carpet, and window cleaning. Not valid with other offers. Expires 2.15.12

\$20 OFF

ANY SERVICE OF \$100 OR MORE

With this coupon, One coupon per customer. New customers only. Includes house, carpet, and window cleaning. Not valid with other offers. Expires 2.15.12

\$40 OFF

ANY SERVICE OF \$200 OR MORE

With this coupon, One coupon per customer. New customers only. Includes house, carpet, and window cleaning. Not valid with other offers. Expires 2.15.12

New Businesses Offer New Flavors In Downtown Mt Holly

Mount Holly continues to beat the odds in tough economic times. 2011 was an incredible year of growth on Main Street with the addition of nearly a dozen new businesses; and 2012 is anticipated to be just as exciting. Two entrepreneurs with culinary and coffee backgrounds have planted great new businesses downtown: Mr. Vince Hill of Caravan Coffee and Chef Chad Ratchford with Backwoods Fancy Vittles.

Mr. Vince Hill and his wife Brenda introduced Caravan Coffee and Dessert Bar to Belmont in 2003 and has been the source for some of the finest coffees, teas, and sweet treats in Gaston County. Mr. Hill caught the vision for growth in Mt. Holly and planted the new Caravan at 117 North Main. In addition to the delicious lattes and delectable desserts, Caravan has become the gathering place for businessmen and neighbors alike. With the beautiful furnishings and relaxing atmosphere, it is the ultimate comfort spot to linger. Caravan has also quickly become the perfect stop every morning for Mrs. Brenda's fresh baked scones and a favorite blend of coffee.

After traveling the United States as Lead Chef of some of the finest destinations and resorts, native Chef Chad Ratchford has returned home to Gaston County to serve up some culinary delights, blending the finest cooking techniques with local ingredients. Located next to Caravan Coffee at 119 N Main, Backwoods has quickly become a destination restaurant with an impeccable reputation. It is a great place for people to meet for a business lunch, a casual or romantic dinner, or a hearty Sunday brunch. Shrimp and Grits, Black Pepper Pork, Apple Pecan Chicken Salad, and Backwoods Fresh Catch, the creative culinary delights go on and on! Backwoods has also become a resource of fine catering for the area. Whether it is an event at the restaurant or a neighboring venue, Backwoods is the go-to caterer for any size event.

Don't miss an opportunity to treat your friends and family with a visit to any of these two new fantastic destinations in Mt Holly- they are sure to please! Both of these new businesses can be followed on Facebook at [BackwoodsFancyVittles](#) and [CaravanCoffeeMtHollyNC](#).



Backwoods Fancy Vittles

119 N. Main Street
Mt Holly, NC, 28120

704-820-8098



Caravan Coffee & Dessert Bar

117 N. Main Street • Mt Holly, NC, 28120

704-820-6072



about the cover



The cover image shows Rebecca and Tony Johns enjoying the Turks and Caicos. Tony and Rebecca reside in Belmont; Rebecca is the owner of Creative Travel, also in Belmont. See related story page 12. Cover graphic design by David James, art direction by Rick Haithcox.

Gaston Alive! Magazine is published monthly in the Gaston County, NC area by Art FX Media. All editorial contained within is the property of the publisher and cannot be reproduced in whole or in part without written permission. The publisher accepts no liability for the accuracy of statements made by the writers or advertisers. ©2011 Art FX Media.

To be part of our team, or to submit art, photo or story ideas, please email us at: info@gastonalive.com

16 Oak Grove St.
Mt. Holly, NC 28120
www.gastonalive.com
704-827-9101

Advertising Info: 704.650.8330
info@gastonalive.com

Become a
fan on

www.gastonalive.com
www.facebook.com/GastonAlive



our staff

PUBLISHER

DAVID HAMRICK

CONTRIBUTING PHOTOGRAPHERS

RICK HAITHCOX PHOTOGRAPHY

DAVID HAMRICK

SUSAN LAMBERT

SALES

DAVID HAMRICK

DESIGN

DAVID JAMES

CONTRIBUTING WRITERS

BEN DUNGAN

GLENN SAWYER

GLENN STRYKER

PROJECT MANAGER

SUSAN LAMBERT

FINANCE

LINDA HAMRICK



12

12
WINTER GETAWAYS

14



20
A NEW BEGINNING
FOR TONY ROGERS

14
SOUTHERN MAC & CHEESE
TO WARM YOU UP!



20



Cosmetic ~ Preventive ~ Restorative
 Bleaching - Veneers - Ceramic Crowns
 Tooth Colored Fillings
 Zoom! In Office Bleaching



CEREC

One-visit dentistry

The Cerec® System—One appointment, no temporary crown and no waiting for 3 weeks to get the final crown.

Call Today For More Information!



(704) 822-0007

**549 Highland Street
 PO Box 486
 Mt. Holly, NC 28120**

Please visit us online at www.spurlinfamilydentistry.com

Compleat Recovery

Compleat Rehab has been serving Gaston, Mecklenburg, and surrounding counties for more than 20 years. We offer physical therapy in the following areas:

No Prescription Needed - Self Pay Or Insurance Accepted

- ▶ AQUATIC THERAPY
- ▶ TEMPERATURE THERAPEUTIC THERAPY POOL 94°
- ▶ ARTHRITIS
- ▶ CHRONIC PAIN DISORDERS
- ▶ FIBROMYALGIA
- ▶ JOINT REPLACEMENTS
- ▶ LIGAMENT REPAIR/RECONSTRUCTION
- ▶ STROKES
- ▶ ORTHOPEDIC REHABILITATION PROGRAMS
- ▶ WORK INJURY PROGRAMS
- ▶ THERAPEUTIC MASSAGE WITH PT
- ▶ NEUROLOGICAL REHABILITATION-INCLUDING SPINE DISORDER AND POST-SPINE SURGERY
- ▶ HEADACHES

SOOTHING
THERAPEUTIC
MASSAGE



2675 Court Drive
 Gastonia, NC 28054
 704-824-7800
www.CompleatRehab.com





Meese Jewelry Co.

Bridal • Design • Repair

FROM THIS...



TO THIS!



Meese Jewelry Company can create a fabulous new piece of jewelry from your old gold and jewelry you no longer wear-and at a fraction of the cost of a new piece! Get a new ring, bracelet or pendant that you helped design-and you won't believe how little you spent for your one of a kind treasure!

Meese Jewelry Co. was able to use my old jewelry to create a piece that I now wear everyday. The best part was out of pocket, I paid less than \$200, but got a piece valued at over \$1000.

—Lindsay



140 North Main Street Belmont, NC (Beside 3 Hip Chicks)

704-305-2048 • www.meesejewelry.com



Photography by Image Gallery.

Gift Certificates Are Available!

Salon202

\$15 OFF

Any Chemical Service

One coupon per customer please. Cannot be combined with any other offer.

Expires 2.15.12

\$5 OFF

Any Shampoo, Cut & Style

One coupon per customer please. Cannot be combined with any other offer.

Expires 2.15.12

202 Market St. • Suite E

Cramerton, NC

704.824.1093

www.salon-202.com

Have A Heart For Hospice

Join us for an evening of Wine Tasting, Food Pairings, and Silent Auction to benefit Gaston Hospice.

Thursday, February 9, 2012

6:30 p.m.–8:30 p.m.

Mount Holly Citizens Center Grand Hall

- ✿ Wine Tasting
- ✿ Wine Classes
- ✿ Beer Tasting
- ✿ Food Pairings
- ✿ Dessert Bites

Get Your Ticket Today!

\$25 Advanced, \$30 At the Door

Silent Auction with gift certificates for Massage, Pottery, Jewelry, Art, Event Passes and Many other Wonderful Things.



CaroMont Health

704 861 8405 | www.gastonhospice.org

How Could Carillon's Respite Care Benefit You?



By providing:

- Short-term, non-institutional recovery from hospitalization.
- Transitional care between nursing home and going home.
- A full-service facility so family caregivers can take a break.
- Accommodations for visitors with special care needs.
- A "test drive" for potential assisted living needs.

Please come visit us at Carillon. Our warm environment emphasizes activity, health and wellness for adults who simply need assistance with day-to-day living. It could improve the lives of your entire family.



CARILLON
ASSISTED LIVING
OF
CRAMER MOUNTAIN

(704) 823-0500
500 Cramer Mountain Road

www.carillonassistedliving.com



Personalized Gifts

Shop now for Valentine's Day and Easter

- Screen Printing
- Engraved Gifts
- T-shirts & Apparel
- Monogramming
- Vinyl & More...

\$5 OFF any purchase
of \$30 or more

With this coupon. One coupon per
customer; in store only. Not valid with
other offers. Expires 2.15.12

MYPERSONALIZED tshirt

screen printing, monogramming & personalized gifts

26 N. Main St., Suite 2

Downtown Belmont, NC

www.mypersonalizedtshirt.com

704-825-3900



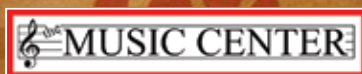
Legendary Blues
Artist

Paul Geremia

Appearing At The Music Center

Saturday February 11th at 2 p.m.

Admission Is Free



940 E. Franklin Blvd. ♪ Gastonia ♪ **704-861-1037**



**Guitar Repair
Acoustic, Electric, Vintage**

704-361-5453
www.fretgarage.com

We Buy Vintage Guitars & Amps

Bil Jones, Luthier



Not many people are fortunate enough to have visited 53 countries and have been on over 40 cruises. For Rebecca Johns of Creative Travel, it's just

It's *Not* Just Another Day At The Office!

By David Hamrick



GA!: Out of all the places you have ever been-what is your favorite all time trip?

Rebecca: This is a hard question to answer. I've been so lucky to travel around the world over the last 21 years since I've owned Creative Travel. I would have to say my favorite destinations are Switzerland, New Zealand and Panama. But there are still so many places to explore. My husband, Tony, and I have set a goal to one day take a year off and travel around the world.



GA!: Rebecca, why should we call Creative Travel, instead of booking travel online?

Rebecca: Well first, you probably already have a full-time job! At Creative Travel, we know the destinations and how to find the best values. Everyone thinks they will save if they book online but that is not true. The prices on the internet are not better than what you can get from your local travel agency. Most importantly when you book

with Creative Travel, if there is a problem with your vacation you have someone close by, on your side to help resolve any issues. Travel is an adventure, after all.

GA!: What kind of getaways are the most popular and what do you sell at Creative Travel?

Rebecca: Our most popular vacations are cruises, all-inclusive packages to the Caribbean, Disneyworld, Las Vegas and Europe. We offer brides and grooms expert assistance with honeymoons and destination weddings. And, because we are a full-service travel agency we have many clients that



call us just for airline tickets. Our corporate and missionary travel accounts for a great deal of our business.

GA!: What are some of the best deals right now to help beat the winter blahs?

Rebecca: Cruising is by far one of the best deals. One low price includes your accommodations, transportation, shipboard food, entertainment, port charges and taxes. It's just so easy. And the best part is that you unpack once, but you visit many different destinations during the cruise. Sometimes our cruises are as low as \$70 per person per day.

Another great value is all-inclusive resorts. These packages may include roundtrip air, airport transfers, accommodations, non-motorized watersports, nightly entertainment and best of all – a great variety of unlimited food and beverages. A four night package to Jamaica or the Dominican Republic starts around \$800+.

GA!: I've always wanted to go on a cruise. How can I save money?

Rebecca: We are lucky to have many great cruise ships right in our "backyard". No need to buy a plane ticket to Florida. You can sail to the Bahamas from Charleston or Jacksonville starting at just \$429 for 5 nights. Or drive to Port Canaveral— just eight hours away – for two of the best new ships to the Caribbean, starting at just \$549 for a 7-night cruise. Booking your cruise at least five months in advance will get you the best prices.

GA!: What if I want to do something different or a little exotic—any ideas/deals?

Rebecca: River cruising is becoming extremely popular. For an exotic vacation I would recommend a land/river cruise vacation to Vietnam, Cambodia and the Mekong River. How amazing to visit Angkor Wat, the UNESCO World Heritage Site, plus Siem Reap, Phnom Penh and more.

Or if that's a little too exotic, you can enjoy the timeless beauty and grace of the Old World with European river cruises along the Rhine, the Main, the Danube and the Seine. See the tulips and windmills throughout Holland. Explore Austria and Germany, or all the way in to Eastern Europe to Hungary and Slovakia. Right now, our clients can take advantage of the 2 for 1 pricing currently offered.

GA!: I've never done an escorted tour—tell me about that...

Rebecca: An escorted tour is like traveling with a good friend who really knows the treasures of the area and shows you the destination like an insider. You get the benefit of paying just one price for all your accommodations, transportation, sightseeing and many meals. The tour directors are outstanding and really make the difference between a good vacation and a great vacation. A nine-night Italian Discovery vacation to Venice, Florence, Rome and more starts at just \$2235 plus air.

>>Article continued online www.gastonalive.com/2012/01/creative-travel



34 W Myrtle St • Belmont, NC 28012
www.creativetraveler.com

704-825-1865





COOKING



Southern Style Mac and Cheese

I have been sitting on this recipe to send to all of you for several months. Earlier in the season, my family and I were attending a Panthers game and of course we were going to tailgate. Each family was asked to bring a side dish...so instead of doing the same old macaroni and cheese, I decided to put a twist on it. So here it is – the secret to my southern mac and cheese is Pimento Cheese.

Ingredients:

*2 Shallots, peeled and chopped
3 Cloves of Garlic, chopped
3 Pieces of Bacon, diced, cooked,
reserving 1 tablespoon bacon fat
2 Tbsp Flour
4 Cups Heavy Cream
1 Tsp chopped Fresh Thyme
1 Cup of Pimento Cheese*

*1 Cup of shredded Pepper Jack Cheese
1 Cup of shredded Cheddar Cheese
Salt and Black Pepper
1 Pound of Pasta, cooked, your choice
of elbow or penne
½ Cup of Panko Bread Crumbs
2 Tbsp Melted Butter
2 Tbsp Chopped Fresh Parsley*

Preheat oven to 350°. In a large sauté pan, sauté shallots and garlic with 1 tbsp of bacon fat, sauté until translucent. Add flour and stir for 1 minute. Whisk in heavy cream and thyme. Reduce by a third. Stir in cheeses until melted, creamy and thickened. Season to taste with salt and pepper. Remove from heat and gently stir in pasta. Place in a 9x13 casserole dish. In a small bowl, mix together diced bacon, bread crumbs, butter and parsley. Top Mac and Cheese with Panko mixture and bake uncovered until bubbling and lightly browned on top 20-25 minutes.

This southern mac and cheese is sure to warm you up on these cold winter nights!

Ciao',
Glenn and Glenn

WITH THE
GLENN'S

Mac & Cheese



www.ScottFarmerProperties.com

704-822-2422

LOTS & ACREAGE Available!



Scott Farmer
CRS, GRI, Licensed NC
Residential Real
Estate Appraiser, Real Estate
Broker, Realtor®

Meg Farmer
e-Pro, Real Estate Broker,
SFR and Realtor®

Cathy Hill
Real Estate Broker,
and Realtor®



Belmont executive estate!
\$775,000



Waterfront Short Sale! \$499,900



Stately Colony Woods! \$199,900



High end details! \$339,900



Gastonia! Extensive detailing!
4BR+ \$579,900



Gastonia elegance! \$189,900



Belmont spaciousness!
\$429,900



Heatherloch updated! \$339,900

HAITHCOX PHOTOGRAPHY



704-922-7696 · WWW.RICKHAITHCOX.COM · WRHPHOTO@AOL.COM

NATIONAL AWARD WINNING MASTER PHOTOGRAPHER



Belmont 5 BR! \$315,000



Belmont! Vaulted 3BR! \$139,900



0.9 ac! 3 fireplaces! \$149,900



Gastonia! 4BR! \$119,900



Vintage! 2nd Liv Qtrs! \$179,900



Abundant Charm! \$149,900



Mt Holly! 3BR close to EGHS! \$139,900



4BR! Full Bsmnt! Short sale! \$165,000



Deertrack! 3BR! \$112,500



Catawba Hts! Large yard! \$64,900



Mt Holly Business zoned! \$129,900



Commercial! \$275,000



Classic beauty! 3BR! \$249,900



Only 2 left! Brand new! Buyer incentives! USDA eligible! \$169,999 & \$189,999



RYLAND HOMES
AMERICAN HOME SOURCES



Executive 5 BR! St. Andrews \$550,000

NEW YEAR. NEW YOU.

Ring In The New Year With A Relaxing Massage!

- Swedish Massage
- Hot Stone Therapy
- Deep Tissue Massage

Now With Online Scheduling 24/7!



Tammy Norris
LMBT #9474

Gift Certificates Available!

...NEW HOURS...

Mon.-Fri. 9 a.m.-9 p.m., Sat. 9 a.m.-5 p.m.

www.bodygotmassage.com

704-689-0389

Just 2 minutes Off I-85 in Gastonia!

AWESOME HOLIDAY DEAL!

80-Minute Massage

Your Choice Hot Stones,
Massage Facial or
Foot Scrub.

\$60

One coupon per customer please. Cannot be
combined with any other offer. Expires 2.29.12

(reg \$120)

WE HAVE EXPANDED

- ◆ MORE SHOWROOM SPACE
- ◆ NEW JEWELRY LINES
- ◆ NEW ECOMMERCE SITE



Facet Foundry
Jewelry Studio

530 S. New Hope Rd.
Gastonia, NC 28054

704-867-5332

WWW.SHOPFACETFOUNDRY.COM





Owner: Mark Zimmerman
Your Roofing Specialist

Your Home & Family Deserve A Service Business-Not Just A Roofing Company!

*Call
Mark Zimmerman!*

**KangaRoof Specializes In Repairs, Reroofs, Inspections, Gutters
And Expert Customer Service.**

Fact #1

"If you own your home, then learn this lesson: If water gets in, your house will die young. Keep it out, and your home can be immortal."

-Bob Villa, This Old House

Fact #2

"Maintenance problems don't heal themselves. You must walk around your house and find them before they turn ugly."

-Tom Silva, This Old House



Is Your House Ready For Winter?

FREE
Gutters With Any
New Roof!
*Does not include
Jumbo downspouts.

Expires 2/15/12.

**CALL
704-820-6633
FOR FREE
ESTIMATES!**



FREE
Gutter Cleaning
With a \$69 17 Point
Roof Inspection!*

*Up to 100 feet of gutter,
Expires 2/15/12.

- ☞ Only The Best People!
- ☞ 100% Satisfaction Guarantee!
- ☞ Straightforward Pricing!
- ☞ Available 24/7!
- ☞ Fast Prompt Service!

Gaston County Owned and Operated
In Business since 1984

**Call Mark Zimmerman at 704-820-6633
or visit our web site www.ZimmermanEnterprises.com**



Anna McMahan Hastings
Decorator/Owner

704-825-1993

anna.hastings@decoratingden.com
www.decdens.com/ahastings

CALL FOR YOUR
COMPLIMENTARY CONSULTATION!

Give Your Home
A New Year's Facelift!

****JANUARY SPECIAL****

20% OFF All Custom Bedding!

Be Sure To Check Out
My New Blog!

www.decoratingtipsbyanna.com



VISA and Mastercard accepted.
90 days same as cash.



Each franchise is independently owned and operated.



Custom Window Treatments | Furniture | Lighting | Floor Coverings | Accessories

Weight Loss Designed For Your Body!

Gift Certificates Available!



**NOVEMBER 2011
PATIENT OF THE MONTH:**

My name is Julie. I've been on Dr. Adkins' diet for 30 days and I have lost 30 pounds. I had a really hard time losing weight before I saw Dr. Adkins and I am very excited about the results.
Julie, Gastonia, NC

*Lose One Pound A Day with Personal Computerized Analysis
And Physician Customized hCG and Hormone-Free Formulas.**

Call Now for Your Free Consultation!

Check Out Our Success Stories Online at
www.CarolinasWeightLossInstitute.net

CAROLINAS WEIGHT LOSS INSTITUTE

1-800-496-1832

1846 E Franklin Blvd, Gastonia NC



Dr. Lidia Adkins, PKT, D.C.

*This is an average. Results may vary.

"Looking back, advertising with Gaston Alive! was one of the smartest marketing decisions we've made... As a new company, we've had a 30% growth rate in our first year, and are proud to attribute much of that to advertising with Gaston Alive!. We look to advertise with them for years to come as an integral part of our marketing strategy"

—Taylor Smith, Owner, Southampton Swim & Racquet Club



**"I Just
Love That
Little
Magazine!"**



**To Advertise your business, product, or service,
call 704-827-9101 or info@gastonalive.com**

Check us out on the Web and become a fan of GA! on Facebook today!
gastonalive.com • facebook.com/gastonalive

MUSIC

Tony Rogers





by Ben Dungan
bdungan@charter.net

A New Melody

There is something special about a new year. It's fresh and new – almost like a clean slate where one can start all over again. And if you had the year that Tony Rogers did in 2011, you'd be ready for a new year too.

to me that he is ready to get out and make music again. And this time, he says it's going to be on his terms.

This time around he is not going to worry about keeping record labels and booking agents happy. At this time in his life, he knows what makes him happy – learning and evolving in music.

This year officially kicks off that evolution. 2012 is the year that Tony moves from stage left to center stage. The way he figures it, if he can play and perform solo, he can do anything.

There will always be a need for talented guitar players. Tony knows he can always fall back to being a guitar player for hire if he wants to. That's why his decision to go solo is so important. After all, if you can go it alone, you'll always be able to make a living.

Tony lost his wife, Robin Rogers, to liver cancer in mid-December of 2010. And at that time, the hope and promise of a new year was probably the farthest from his mind. He was just trying to survive.

If you rewind back a little over ten years ago, it was Robin and Tony Rogers making a big splash on the local music scene. With Robin's heart-stopping vocals, and Tony's guitar expertise, these two accomplished quite a bit in such a short period of time.

But it all came to an end when Robin passed away on Dec. 17, 2010. On that day, everything changed for Tony. It changed in ways most of us can not even imagine. Not only did Tony lose his wife and his best friend, but he also lost his musical and business partner.

So as you would expect, 2011 was a year of healing for Tony. It's like they say – adversity introduces a man to himself. And after talking with Tony recently, it's clear

Tony has been playing in front of live audiences for many, many years. But with the spotlight shifting solely on him, he will be forced to tackle a new set of challenges he hasn't had to face until now.

But he's ready. And he's motivated. I believe Tony knows good things are around the corner for him. He has hope. And as they say, hope produces movement – a new musical movement for 2012. Try to catch it, when it comes to your town.



Tony Rogers will be appearing at Freeman's Irish Pub in Gastonia on Wednesday, February 1 at 8:00 p.m. For more information on future performances, friend him on Facebook.com.

Blinds, Shades, Draperies, Shutters & More!



FREE In-Home Consultation!

- Personal Style Consultants
- Great Selection Of Brands And Styles
- "Expert Fit" Measuring And Installation
- Over 1,100 Consultants

We're The Right Fit For You!

Signature
FABRIC TREATMENTS™
by Budget Blinds®

25% off any select Signature Series window treatment.
Offer expires 2-15-12
Plus-purchase 10 blinds or more and receive an additional 10% off!

Did You Know?

Real wood shutters are not only gorgeous, but they are also one of the most energy efficient window coverings available. Smart upgrades, including a tilt rod and motorization, make them easy to adjust. Call Budget Blinds today and we'll bring you our full selection of warm, rich stains and vibrant paint finishes.

**Budget
Blinds®**

a style for every point of view™

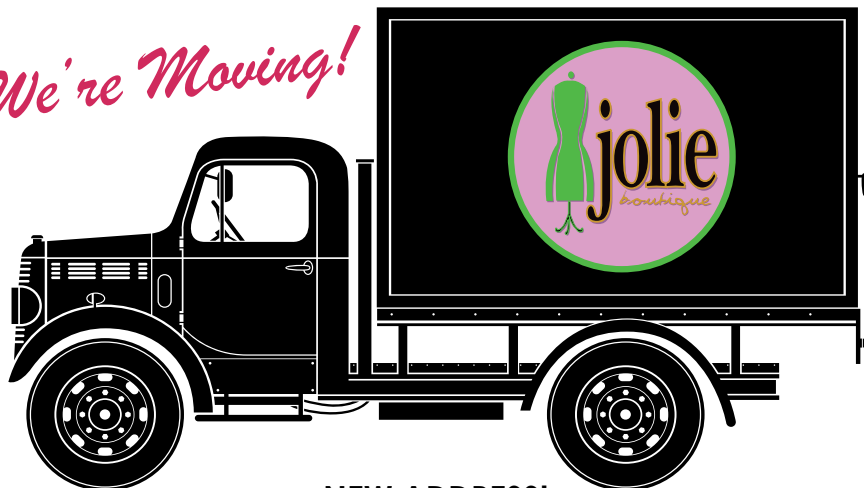
Purchase 10 Blinds Or More And Receive An Additional 10% Off!

Call Budget Blinds
704-864-8778

Call us for a high quality, affordable and efficient shopping experience or visit us online at www.budgetblinds.com.

Jolie is moving to a brand new location on main street in a few weeks. We don't want to take all of this winter merchandise with us so come take it off our hands at up to **50% OFF!**

We're Moving!



NEW ADDRESS!

33B north main street | belmont, nc | 704.825.7997 | joliebelmont.com



Feel Good
about your
Smile
and your dentist.



Family and Cosmetic Dentistry

Dr. James P. McCarthy, D.M.D., PA
1349-A East Garrison Blvd. • Gastonia
704.867.7988
jamesmccarthydmd.com

Your Imagination Is The Limit!



Bobby Home, Designer
GGCI Construction

General Contractor With 22 Years
Experience! Talk To Us About Your
Needs, Ideas, And Budget-We Listen!



910 W. 1st Street • Lowell, NC 28098
Gutterguysconstruction.com
704-879-4384

Storm Damage? Need A New Roof?

GGCI-Is Your One Stop Shop For Roofing,
Gutters, Windows & Siding!



Roofing

- Metal
- Copper
- Asphalt Shingles
- Chimney Caps
- Ornate Metal Work (Cupolas, Finials, Etc.)
- Certified Duro-Last Installer

Gutters

- 5", 6", Half Round
- Commercial Box Gutters
- Aluminum & Copper



Give Us A
Call Today!



Jim Thompson & Son
704-879-4384



Bryan Leftwich
704-860-1192



Tom Lilly
704-674-2862



Andy Leigh
980-285-5239

Office: 704-879-4384 • Gutterguysconstruction.com

Spring Registration Has Begun—Register Now!



First Baptist Church Belmont Fine Arts Academy

art · banjo · cello · cornet · creative writing · drama · drum-kit · etiquette classes/seminars for all ages · euphonium
flower arranging · flute · golf · guitar · homeschool art/music · jewelry making · native american flute
oil painting · percussion · photography · photography club · photoshop · photo day trips · piano · pottery
preschool art · sculpture · string bass · string ensemble · summer music camp · suzuki piano · suzuki violin
tapestry weaving · trombone · tuba · trumpet · viola · violin · voice · weaving · woodwinds

First Annual Piano Competition, March 29-31

Registration information available online.

www.fineartsacademybelmont.com

Gift Certificates Available

Ph: 704-825-3758

Professional Cleaning With A Personal Touch!

Give a gift of
professional
cleaning!



Lynn Huffstetler

"I've used Lynn for several years-
ever since I moved here. We live in
a gated community, and there are at least 4 or 5
folks here that use her. She is very honest and
dependable-I would definitely recommend her!"

— Marlene P. Satisfied Client!

\$20 OFF

THE FIRST CLEANING*

*Cannot be combined with other offers. Expires 2/15/12.

- 15 Years Experience
- Call For Referrals!
- Free Estimates
- Weekly, Bi-weekly, Monthly Options
- Residential, Commercial
- Insured
- Reasonable Rates

Lynn's
Cleaning

HAPPY
NEW YEAR!

704-214-1999 • lynnhvnc@aol.com

How do you want to be Remembered and who will tell your story?



A funeral is one of the most personal and emotional occasions your family will ever share. Fortunately, you can take the necessary steps today to assure your wishes are known.



Lindsay Lockett, CPC
Funeral Director
lindsayl@mcleanfuneral.com

- ◆ We plan for every aspect of life; your funeral should be no different
- ◆ Helps minimize disputes between family members
- ◆ Provides you and your survivors with peace of mind
- ◆ Eliminates financial burdens from your survivors
- ◆ McLean has been serving families of our community since 1925
- ◆ McLean has a professional, experienced, and caring staff
- ◆ McLean offers full service traditional burial and cremation services



Call us or log on to our website to find out how easy it is to make your prearrangements.

www.mcleanfuneral.com ~ 704-865-3451 - Gastonia ~ 704-825-5301 - Belmont



Gift Baskets!

- ◆ Infused Organic Olive Oils
- ◆ Flavored Balsamic Vinegars
- ◆ Available For Private Tasting Events!
- ◆ Gluten-Free Foods

COMPLIMENTARY OLIVE OIL AND BALSAMIC VINEGAR TASTING.

Olive 2live

olive oil tasting room & market

www.olive2live.com



facebook.com/olive2live



\$5 OFF

On Any \$25 purchase.*

Cannot be combined with any other offer, must mention ad to receive discount.
Expires 2.15.12

203 Glenway St. • Belmont, North Carolina 28012 • 704.689.4821 • info@olive2live.com

20% OFF

Facial Rejuvenation Package
Check Out Video On Our Website.

*Cannot be combined with any other offer, must mention ad to receive discount. Expires 2.15.12



Shari H. Miller, L.Ac.

- * Classical Acupuncture
- * A Complete Medicine Able To Treat Many Conditions
- * Facial Rejuvenation

Bai Shen Acupuncture

Classical Chinese Medicine

www.baishen.org



facebook.com/baishenacupuncture

203 Glenway St. • Belmont, North Carolina 28012 • 704-825-1584 • info@baishen.org

\$2.25

per piece-no limit*

Must present coupon. Cannot combine with any other coupon or offer. Expires 2.15.12

\$2.49 CLEANERS

PRICE LIST

Dry Clean Items \$2.49*
Comforters (any size) \$22.50
Men's Laundered Shirts \$1.49
(with dry cleaning)
Starched Pants \$3.50

Hours:

Mon-Fri. 7:00 a.m.-7:00 p.m.
Sat. 8:00 a.m.-2:00 p.m.
Closed Sundays



Franklin Blvd.	
E 5th Ave.	Union Rd.
● E 6th Ave.	
E. Garrison Blvd.	

704-869-9644

*Excludes Heavy Outerwear, Evening & Formal Wear, Household & Special Care Items

703 Union Road • Suite 1 • Gastonia, NC 28054

New Year, New Rate, New You!!



- 24/7 Private Key Card Access
- Complimentary Hand Towel Service
- Travel Passes To 700 locations *Amenities may vary per location
- Complimentary Visual Fitness Planner Evaluation
- GGX Group Classes Included
- Kidzville Child Watch Drop-In
- Brand New Equipment Throughout The Gym
- Flat Screens And Ipod Docks On All Cardio Equipment
- Pay For Your Membership With Our **ADvantage** Program. (Details Below)

IS THE YEAR



FREE 7 Day Workout Pass

Must be a local resident, 1st-time user, 14 and older with local id or proof. Must present this coupon. Not valid with any other offers.

Gaston Alive



FREE Enrollment

Must be a new member and present this coupon at the time of sign-up. Not offered with the Buy Down membership options.

Gaston Alive

www.goldsgym.com

New Lower Rates

As Low As

\$14.95
Monthly

**Now Open
Franklin Square Plaza!**

www.gymADvantage.com

Get your gym membership **FREE** when you shop, dine, and indulge yourself at select local businesses that participate in the **ADvantage** Program.



Gold's Gym Gastonia
24/7 Executive Club
Phone: (704) 824-6537

Gold's Gym North Charlotte
24/7 Executive Club
Phone: (704) 274-9075

Gold's Gym Lake Norman
Phone: 704-895-8100

Gold's Gym Mooresville
Phone: 704-664-4022



\$1 OFF

with purchase of a sandwich, burger, or dog with side!



One coupon per customer. Cannot be combined with any other offer. Not valid on specials. Expires 2.15.2012



Yes, We Cater!

BBQ, BURGERS & DOGS
DINE-IN • CARRY-OUT • CATERING

Proudly Serving Ranucci's Big Butt BBQ – Two-time TOP TEN
Memphis in May World Championship Award Winners



403 E. Catawba Street, Belmont, NC 28012 (East Belmont, behind the Belmont Pharmacy)
Tues – Thurs 11am – 8pm • Fri – Sat 11am – 9pm (Closed Sunday and Monday)

704-825-4472 • www.ranuccis.com



Your Hometown Pub—Located in Historic Downtown Cramerton

*Prime Rib Every
Saturday After 5 p.m.*

\$5.00 OFF
any order of
\$25.00 or more

One coupon per customer please. Cannot be combined with any other offer. Dine-In only.
Expires 2.15.12

Daily Lunch And Dinner Specials.



for the love of neighbors & friends
EST. 2009

FREE
HOUSE CHIPS WITH
purchase of \$10 or more.

One coupon per customer please. Cannot be combined with any other offer. Dine-In only.
Expires 2.15.12

Join Us Saturday Mornings For Breakfast!

Saturday: 7:00 a.m. til 11:00 a.m.

Also Join Us Sunday For Our Sunday Brunch!

Sundays 9:00 a.m. til 2:00 p.m.

Buy One • Get One
1/2 OFF
On Any Dinner Entree
of equal or lesser value.

One coupon per customer please. Cannot be combined with any other offer. Dine-In only.
Expires 2.15.12

LIVE TRIVIA!!

With Christina Raine

Cramerton-Tuesday Nights 7:00-9:00 p.m.
(Prizes for 1st, 2nd and 3rd place)

HOURS:

Sunday-Thursdays
9:00 a.m. til 10:00 p.m.

Friday-Saturday
11:00 a.m. til 11:00 p.m.

Breakfast Hours:
7:00 a.m. til 11:00 a.m.

Sunday Brunch Hours:
9:00 a.m. til 2:00 p.m.

704-823-3000 • 115 Center Street • Cramerton, NC • www.centerstreettavern.com

BELMONT
CHIROPRACTIC CENTER

Personal Injury/Auto Accident Cases
Workman's Compensation
Sports Injury
Children's Chiropractic Care
Most Insurance Accepted



Belmont Chiropractic Staff

Licensed Massage Therapist On Staff

Free Consultation

To Discuss Your Health Concerns.
Most Insurance Accepted,
Cash Plans Available.

Safe and effective relief of headaches,
neck pain and lower back pain.

704-825-9799

5803 Wilkinson Blvd. • Belmont, NC 28012 • www.BelmontChiropractic.Demperio.com

Gaston County Restaurant & Dining Guide

LEGEND	BREAKFAST	B	CATERING	C	S
	LUNCH	L	OUTDOOR DINING	↑	LESS THAN \$10
	DINNER	D	BEER/WINE	→	\$11-\$20
	SUNDAY BRUNCH	SB	LIVE MUSIC	↓	\$21 AND UP

AmberJack Seafood & Steaks

4253 South New Hope Road, Gastonia
704-824-5502 • www.amberjackseafood.com
\$-\$\$\$ **L D SB C Y**

Backwoods

119 North Main Street, Mt. Holly
704-820-8088
\$-\$\$ **D SB**

Center Street Tavern

115 Center Street, Cramerton
704-823-3000 • www.centerstreettavern.com
\$-\$\$ **B L D SB C Y T J**

Christy's Place

1015 West Catawba Avenue, Mount Holly
704-827-2411
\$ **B L**

City Café

128 South Main Street, Mount Holly
704-822-1450 • www.citycafe.us
\$-\$\$ **L D SB C Y T J**

Hickory Tavern

1925 Hoffman Road, Gastonia
704-917-0450 • www.thehickorytavern.com
\$-\$\$

Friends Sports Bar & Grill

16 North Main Street, Belmont
704-825-1401 • www.friendsportsbarandgrill.net
\$-\$\$ **L D Y T J**

JAX Backstreet Tavern

55 Glenway St, Belmont
704-825-1776 • www.JAXBackstreet.com
\$-\$\$ **L D C Y T J**

Johnny B's Pizza Pad & Watering Hole

106 N Main St, Belmont
704-825-8900 • www.jbspizzapad.com
\$-\$\$ **L D Y**

La Fuente Mexican Grill

3070 East Franklin Boulevard, Gastonia
704-866-7744
\$-\$\$ **L D Y**

Lotus

1941 Hoffman Road, Suite 1, Gastonia
704.853.1698 • www.eatatlotus.com
\$-\$\$\$ **L D SB C Y T**

Nick's Steak & Taphouse

182 S South Street, Gastonia
704-867-6777 • www.nicksrestaurant.com
\$\$-\$\$\$ **L D Y**

Old Stone Steakhouse

23 S. Main Street, Belmont
704-825-9999 • www.oldstonesteakhouse.com
\$-\$\$\$ **L D Y T**

Original Flip Flops Grills and Spirits

3908 East Franklin Boulevard, Gastonia
704-824-8757 • www.flipflopsgrille.com
\$-\$\$\$ **L D Y T J**

Ranucci's BBQ & Grill

403 E. Catawba Street, Belmont
704-825-4472 • www.ranuccis.com
\$-\$\$ **L D C**

Riverside Fish House

1341 Dallas Stanley Hwy, Dallas
704-922-8360
\$-\$\$\$ **L D C**

Rodi

245 West Garrison Blvd., Suite H, Gastonia
704.864.7634 • www.rodworld.com
\$-\$\$\$ **L D Y T J**

Sake Express (3 Locations)

675 Park Street, Belmont • 704-461-0400
116 N. New Hope Road, Gastonia • 704-864-4466
349 W. Charlotte Ave. Mt. Holly • 704-827-4819
www.thesakeexpress.com
\$-\$\$\$ **L D Y**

Sakura Japanese Restaurant

3758 East Franklin Boulevard, Gastonia
704-823-3388 • www.sakuragastonia.com
\$-\$\$\$ **L D Y**

Tequila's Mexican Grill & Taqueria

238 West Main Avenue, Gastonia
704-867-8050 • www.tequilasgastonia.com
\$-\$\$\$ **L D Y T**

Thai House

4008 E Franklin Blvd, Gastonia
704-823-1797 • www.thaihouse.us.com
\$-\$\$\$ **L D Y T**

The String Bean Fresh Market & Deli

106 N. Main Street, Belmont
704-825-3636 • www.stringbeanmarket.com
\$ **L D C Y T J**

To participate in the next edition,
or for more information contact
us at 704-827-9101 or
info@gastonalive.com



**SUNDAY
BRUNCH!**

Buy One • Get One

1/2 OFF

On Any Brunch Entree

of equal or lesser value. Valid 9:00 a.m.-2:00 p.m.

One coupon per customer please. Cannot be combined
with any other offer. Dine-in only. Menu items only,
not valid on specials. Expires 2.15.12



FREE

Medium Fountain Drink
with Entree Purchase.

One coupon per customer. Cannot be combined with
any other offer. Not valid on specials. Expires 2.15.12



Buy One Entrée.

Get One 1/2 OFF!

of equal or lesser value.

Valid Tuesday, Wednesday and Thursday only. One coupon per
customer please. Not valid on steaks and steak combination entree's
or All-You-Can-Eat items. Excludes Senior and Children's menu. Cannot
be combined with any other offer. Dine-In only. Expires 2.15.12.



Japanese Steakhouse & Seafood

FREE DESSERT

1 Cheesecake to share.

with Purchase of 2 Entrees and 2 Drinks.

One coupon per customer please. Cannot be combined
with any other offer. Expires 2.15.12.



*With The Purchase
Of An Entrée.

One coupon per check please. Cannot be combined
with any other offer. Dine-in only. Expires 2.15.12.



Free Lunch!*

*Ask About Our Frequent
Lunch Card!

Happy New Year From All Of Us At AmberJack!



Join Us For Our
Sunday Buffet!!
11 a.m til 4 p.m.



**Kids Eat
FREE!†**

Tuesday, Wednesday and Thursday
4:00 p.m.-9:00 p.m.

- ♦ Casual Dining
- ♦ Relaxed Family Atmosphere
- ♦ Fresh Seafood
- ♦ Tender Juicy Steaks
- ♦ Unique Flavors
- ♦ Beer and Wine Available

Hours:

Monday: Closed

Tues.-Thurs.: 11:00 a.m. - 9:00 p.m.

Friday: 11:00 a.m. - 10:00 p.m.

Saturday: 3:00 p.m. - 10:00 p.m.

Sunday: 11:00 a.m. - 9:00 p.m.



Got A Smart Phone?

Download a QR Reader to view our menu.

We look forward to seeing you!

**Tuesday Night Is
All-You-Can-Eat
Alaskan
Snow Crabs!**

\$5.00 OFF
any order of \$25.00 or more

Valid Tuesday, Wednesday and Thursday only. One coupon per customer please. Not valid on all-you-can-eat items. Cannot be combined with any other offer. Dine-In only. Expires 2.15.12.

704-824-5502

4253 South New Hope Road
(Old Lineberger's Fish Fry location)
Gastonia, North Carolina 28056

**Daily Lunch
Specials Starting At
\$5.95!**

*Cannot be combined with any other offer. Dine-In only. †One free kids meal with each adult entree purchase. 10 and under. Cannot be combined with any other offer. Dine-In only.

Southern Railway Station, Cramerton, N.C., circa 1920

www.amberjackseafood.com • www.facebook.com/AmberJackSeafoodRestaurant

Daily Food and Drink Specials!

JAX

BACKSTREET TAVERN

Take-Out Orders Phone:
704-825-1776



JAXBackstreet

Best Wings, Pizza, and Tacos in Belmont!

www.jaxbackstreet.com

55 Glenway Street | Belmont, NC 28012



Unique. Dining. Experience!



Hours:

Mon.-Sun. Lunch: 11:30 a.m.-2:30 p.m.
Sun.-Wed. Dinner: 5:00 p.m.-10:00 p.m.
Thurs.-Sat. Dinner: 5:00 p.m.-11:00 p.m.

Bar Hours:

Sun.-Wed. 4:00 p.m.-11:00 p.m.
Thurs.-Sat. 4:00 p.m.-12:00 a.m.

182 S. South Street • Gastonia, NC

704-867-6777

www.nicks Gastonia.com

Free Lunch!*

*Ask About Our Frequent Lunch Card!



Located In The Historic Webb Theater
Corner Of South & Franklin Blvd.



**Tired of
the Wild Ride?**

3.6%
Guaranteed for 5 Years



Belmont Capital
ADVISORS, INC.

Phone:
704-825-1560

Single Premium deferred annuities are guaranteed for 5, 7, or 10 years. Should you choose to continue the annuity after the fifth, seventh, or tenth year guaranteed period, the minimum rate guarantee is 1.00% for contracts issued in 2011. Interest rates effective 7/15/2011 and are subject to change without notice. Quoted interest rates do not reflect optional liquidity riders. If you choose to add any of the available liquidity riders the interest rate will be reduced accordingly. Early withdrawals may be subject to Surrender Charges and Market Value Adjustments. The IRS may impose penalties for early withdrawals from qualified plans. Contracts issued by Sentinel Security Life Insurance Company.

APC-003

GA 0112



Joe Pat Roop,
Founder

Worried About Taxes?

Get a Professional to Prepare Your Taxes in 2012
New Customers Will Get 2010 And 2011
Returns Audited At No Cost!

Call Kim Today to schedule An Appointment!
704-825-1560

Belmont Capital Advisors is a Boutique Financial Firm Specializing In
Wealth Accumulation, Preservation, And Distribution For Retirees.



Belmont Capital
ADVISORS, INC.

Call our office at: 704-825-1560

217 Glenway St. • Suite 100 • Belmont, NC
Visit us at www.belmontcapitaladvisors.com

Securities offered through Kalos Capital, Inc. and Investment Advisory Services offered through Kalos Management, Inc., both at 3780 Mansell Rd. Suite 150, Alpharetta, GA 30022, (678) 356-1100. Belmont Capital Advisors is not an affiliate or subsidiary of Kalos Capital, Inc. or Kalos Management, Inc.